

SUNDAY, APRIL 3 • 2:30-5PM AT THE JONES CLINIC

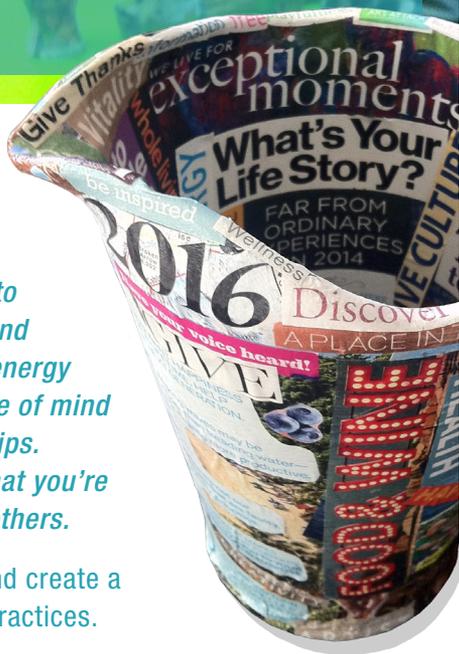
FILL YOUR LIFE WITH

Hope & Gratitude

**LOOKING FOR HOPE? READY TO
CONNECT WITH OTHERS AND
GET YOUR GRATITUDE ON?**

Did you know that grateful responses to life can lead to increased well-being and happiness? Think increased levels of energy and optimism, as well as greater peace of mind and deeper, more satisfying relationships. That's right! Just by thinking about what you're grateful for and then expressing it to others.

Learn more about hope and gratitude and create a piece of art that will inspire your daily practices.



RELAX. EXPLORE. CREATE. HEAL. HOPE. SHINE ON.

REGISTRATION:

\$10 per person (materials included)

All are welcome.

No previous experience needed.

Register today! Space is limited.

To register, please contact:

Ellen Eisen at (901) 202-7639

www.thejonesclinic.com

7710 Wolf River Circle

Germantown, TN 38138

Paige Scheinberg, MS, ATR, CZT, is a registered art therapist, well-being enthusiast, and lover of all things creative. Her passion is to help you cultivate sustainable happiness and flourish in your personal and professional life through creative experiences and self-expression - to let your light shine. Whether you're hoping to discover your strengths, relieve stress or anxiety, cope with change or transition, feel happier, or instill more positivity in your life, Paige will help you explore and achieve your goals creatively.

**The
Jones Clinic**
ONCOLOGY/HEMATOLOGY

The treatment you need.
The care you deserve.

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Positive Art with Paige